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STROKE REHABILITATION IN AREA V AND OTHER AREAS

An important event of last week was the graduation of the first three Stroke Rehabilitation Liaison trainees of the AREA V program--Carol Fisher, RN of St. Joseph Hospital, Burbank, Dorothy Gale, RN, of Presbyterian Intercommunity Hospital, Whittier and Joan Mitchell, RN of San Gabriel Community Hospital. These nurses have now returned to their respective institutions to begin development, with the help of their colleagues, of stroke rehabilitation programs which, in each case, will be tailored to the particular needs of their hospital and its community.

As a finale to their training, the nurses spent most of May 27 in a debriefing session with AREA V staff members. Dr. Robert H. Pudenz, Chairman of AREA V Stroke Committee, Mrs. Kay D. Fuller, Mr. Leon C. Hauck and John S. Lloyd, Ph.D. were given the personal reactions of the trainees to the educational experience in which they had participated, along with suggestions of what could be added to advance their knowledge and understanding of stroke care, and their comments on reporting for evaluation purposes. The experiences of these nurses and their hospitals in implementing stroke rehabilitation programs will be carefully documented for study and evaluation.

Dr. Pudenz expressed satisfaction with the promising start of the AREA V program and outlined plans to keep in close touch with the three "pioneers" and their institutions.

Reporting on the Area IV RMP Stroke Conference, held May 24, Dr. Pudenz commented that it was an interesting opportunity to hear of activities in stroke rehabilitation:

"The principal speaker was Clark H. Millikan, MD, who is a member of the National Advisory Council to RMP. He cited an important achievement of RMP the development of a matrix for comprehensive health care programs which, in his opinion, will

(continued)

Stroke Rehabilitation in Area V continued

continue with or without RMP. The National Advisory Council is looking for comprehensive attacks on the total problem--not on just various facets--of stroke rehabilitation.

"There are 47 currently funded stroke programs in three general categories in RMP. Thirty of these programs are "demonstration of care" types and of the remainder, the largest number is concerned with education. A large program on the investigation and listing of national facilities for stroke care has been undertaken by the American Neurological Association and funded by RMP.

"Some of the stroke rehab activities going forward in Area IV (UCLA) include: The 2-year old program at Daniel Freeman Hospital, which has a long-range plan for development of a rehabilitation center. All patients undergoing stroke rehabilitation are placed in one ward, with the use of a day room on the same floor. A multidisciplinary stroke committee in Santa Barbara told of their service primarily as a resource center and a communications forum. The training of a nurse-coordinator for the entire community is being considered. The Stroke Committee for San Fernando Valley was described as focusing on education. They have developed a "traveling medicine show" for use at breakfast or luncheon meetings at various institutions. A stroke workshop for paramedical personnel is to be conducted on June 5. An interesting idea from the San Luis Obispo area was the development of a "dizzy clinic" which, it is hoped, will discover patients with transient ischemic attacks. They have also started a supply center for such items as wheelchairs, braces and other items for loan or rent to stroke victims.

"The Stroke Committee in Area II (Davis) are conducting a stroke registry, funded at about a 50% level which, it is hoped, will lead to dialogue among interested physicians, and will assist in the diagnosis and treatment of stroke patients.

"Fifteen of the twenty-five hospitals in Area VIII (Orange County) have sent stroke teams for their training program, however, only four of the hospitals have developed programs. The breakdown was said to occur when the patient leaves the hospital and they are exploring the possibility of having acute hospitals conduct training programs for personnel of neighboring ECF's. Other attainments of Area VIII were described as the aphasia program, involving Cal State at Fullerton and the Easter Seal facility, which has trained three students in its first year, with 11 students registered for next year; a home training course in neuroradiology; a course for training dentists in treatment of stroke patients."

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AREA V REGIONAL MEDICAL PROGRAMS
CALENDAR
June 1970

Friday, June 5

COMP - LA	Annual Meeting	12 noon Los Angeles
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Tuesday, June 9

AREA V	Cardiac Coordinating Committee Meeting	11:30 a.m. RMP Conference Room
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Wednesday, June 10

AREA V	Staff Meeting	9:30 a.m. RMP Conference Room
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CCRMP	Program Direction Committee joint meeting with State Health Planning Council	9:30 a.m. to 12:30 noon Hilton Inn - Airport San Francisco
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Thursday, June 11

AREA V	Staff and Objectives Committee Meeting	9:30 a.m. to 11:30 a.m. RMP Conference Room
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COMP - LA	Health Manpower	12 noon Los Angeles
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Friday, June 12

AREA V	Committee Chairmen	11:30 a.m. RMP Conference Room
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AREA ADVISORY GROUP MEETINGS FOR 1970

July 14 September 8 November 10

COMMITTEE CHAIRMEN'S MEETINGS FOR JUNE AND JULY

June 12 June 26 July 10 July 24

STAFF MEETINGS SUBJECT TO CHANGES--CHECK WITH OFFICE FOR LATEST
INFORMATION

STAFF ACTIVITIES

GLADYS ANCRUM, DrPH and DOROTHY E. ANDERSON, MPH were delegates at the recent American Nurses Association Conference in Miami. Over 7600 nurses attended from US--143 from California.

Delegates considered a resolution on "Society in Crisis"; approved remedial programs to prepare minority group students for entrance into schools of nursing, scholarships, and financial aid; asked for aggressive action to secure national health insurance through restructuring of our present health system, and for redefinition of federal priorities; reaffirmed their belief in quality health care for all.

The "Be Involved" Nurse Award of \$2000 was won by Audra Pambrun, a Blackfoot Indian, for her 20 years' active participation in raising the level of social and health services on her reservation in Browning, Montana. Half of the award money is to go toward the building of a health center which Miss Pambrun has started on her reservation.

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ROBERT H. PUDENZ, MD, was elected Vice President of the Society of Neurological Surgeons at their mid-April meeting in Boston.

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Juniata College, Huntington, Pennsylvania has conferred upon GEORGE C. GRIFFITH, M.D., the honorary degree of Doctor of Laws.

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AREA ADVISORY GROUP

members, at the regular meeting on May 12, endorsed the AREA V continuation application for the third year of the 1968-71 grant funds and heard reports on:

- The First Annual Conference on the Physician and the Hospital Medical Staff Leadership: Fact or Fiction, reported by Henry B. Dunlap.
- The 2nd Allied Health Conference of RMP, reported by Miss Dorothy E. Anderson, MPH
- The Conference of RMP Coordinators of Airlie House, reported by William A. Markey.

A special meeting was called for May 19 to consider priorities for a group of nine studies which have been proposed as projects that might be undertaken with unused funds, if approval is forthcoming from CCRMP and DRMP. Highest ratings went to a Free Clinic Liaison Program, the San Fernando Valley Health Consortium, a Demonstration of Integrated Health Care for Senior Citizens, Summer Experience for Allied Health Students and a Respiratory Training Institute.

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RMP's future is being discussed this week at hearings before the House Commerce Committee's Subcommittee on Health. AMA is expected to side with opponents of the Administration's Bill which favors combining RMP and Comprehensive Health Planning Services.

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REGIONAL CONFERENCE PLANNED

"California Regional Medical Programs-- Past, Present and Future" has been suggested as a theme for a meeting tentatively scheduled for the fall of 1970, for the staff from the various Areas, plus selected volunteer members, particularly those involved in Advisory Groups.

A retreat-type conference, lasting 1½ days, is favored, and several locations are being investigated. An Ad Hoc Conference Committee, composed of Dr. Donald W. Petit (Chairman), Dr. Donald Brayton, Dr. Robert C. Combs, Mrs. Jeanne D. LeBrun, Miss Elma Plappert and Charles White, Ph.D. has been appointed by Paul D. Ward, Executive Director, CCRMP.

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LIBRARY SERVICES

Librarians and health professionals from Arcadia, Baldwin Park, Covina, Duarte, El Monte, Glendora, La Puente, West Covina and Monrovia gathered May 13 to discuss the development of Health Science Libraries and the needs of their communities. A liaison committee, composed of Norvelle A. Harris, M.D., William D. Kaplan, Ph.D. and Marilyn Zajicek, RN, was designated to represent the East San Gabriel Valley area. This is the fourth meeting held by John Connor, Chairman of AREA V Library Services Committee and John S. Lloyd, Ph.D. in connection with the AREA V proposal to enhance Health Sciences Library services.

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CCRMP ALLIED HEALTH SUBCOMMITTEE

held its first meeting May 11 in San Francisco. The group is chaired by Edna E. Chapman and is composed of the following representatives:

- Area I - Mrs. Betty Dietrich (Nursing)
- Area II - Charles H. White, PhD (Admin.)
- Area III - Mrs. Jeanne D. LeBrun
(Health Care Administrator)
- Area IV - Mrs. Sheila G. Cadman
(Nursing)
- Area V - FRANK F. AGUILERA
(Public Administration)
- Area VI - Mrs. Lois Friss (Nursing)
- Area VII - Mrs. Helen Randall (Clinical
Psychology)
- Area VIII - Mrs. Elizabeth M. Wallace
(Speech Pathologist)
- Watts - Charles Buggs, Ph.D. (Allied
Willowbrook Health Education)
- Members-At-Large: W. C. Berry, M.D.
Miss DOROTHY E. ANDERSON and Mrs.
HELEN PERKINS (AREA V NURSING
COMMITTEE).

The group reviewed the purpose and function of the committee (to provide a voice for allied health in RMP, to stimulate and coordinate regional planning in relation to allied health program components, with emphasis on comprehensive and quality care of patients, to provide a forum for the interpretation and exploration of the constraints and opportunities for program development through RMP.) Future plans for the committee were also discussed. A second meeting is planned for June 8.

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V minute news

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Committee Chairmen

Area Advisory Group	Chester A. Rude
Cancer	Lewis W. Guiss, M.D.
Chronic Disease	Russell D. Tyler, M.D.
Cardiac	George C. Griffith, M.D.
Continuing Education	Phil R. Manning, M.D.
Hospital Administrators	Henry B. Dunlap, M.P.H.
Library Services	John M. Connor, M.A.
Nursing	Fotine O'Connor, R.N.
Stroke	Robert H. Pudenz, M.D.
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Social Workers	Bernice W. Harper, A.C.S.W.